



Council on Child  
Safety and  
Family Empowerment

**GOVERNOR DUCEY'S OFFICE OF YOUTH, FAITH AND FAMILY**  
**COUNCIL ON CHILD SAFETY AND FAMILY EMPOWERMENT**

**SUPPORT SUBCOMMITTEE**

**June 18, 2019**  
**10:30 AM**

**DRAFT**

**1700 West Washington Street Suite 230**  
**Conference Room A**  
**Phoenix, AZ 85007**

*A general meeting of the Support Subcommittee was convened on June 18, 2019, at the Governor's Office of Youth, Faith and Family, Suite 230, Conference Room A, Phoenix, Arizona, 85007.  
Notice having been duly given.*

Members Present (5)	
Berisha Black, Chair (by phone)	
Andrea Stuart, Co-Chair (by phone)	
Ann Carver (by phone)	
Leslie Reprogle (by phone)	
Marcia Stanton (by phone)	
Members Absent (2)	Staff/Guests Present (2)
Katie O'Dell	Terrilyn Miller
Kim Vehon	Cecilia Fernandez

**MEETING MINUTES**

**1. CALL TO ORDER**

Ms. Andrea Stuart, Co-Chair, called the Support subcommittee meeting to order at 10:33 AM with five members present, two members absent, and two staff present.

**2. WELCOME/INTRODUCTIONS**

Ms. Stuart welcomed everyone and asked members to introduce themselves.

**3. APPROVAL OF MINUTES**

Ms. Stuart asked members to review minutes from the May 28, 2019 meeting and called for a motion to approve the minutes. Ms. Leslie Reprogle motioned to approve the minutes and Ms. Marcia Stanton seconded the motion. The motion passed with no dissenting votes.

#### **4. ACEs SUPPORT GROUP**

Ms. Berisha Black shared that her personal experience in the ACEs Support Group has been positive and she has been able to apply her learning personally and complimented Ms. Leslie Reprogle's facilitation of the support group.

Ms. Reprogle reported that the first two weeks focused on normalizing and giving the group members insight on how common ACEs are. The following two weeks focused on discussing the needs of children and what meeting those needs look like. Week five was a discussion on parenting skills with topics such as self-management and co-regulation. Ms. Reprogle provided feedback from participants stating they appreciated getting the way the information has been introduced in the first weeks of the support group. Ms. Reprogle reminded the subcommittee that next week is the final week the support group will meet. She stated she would like to provide participants with tools to continue utilizing the work. (It was noted that one participant who came to the first meeting did not return to subsequent meetings.)

Ms. Reprogle shared that the group did experience attrition and attributed this to it being the summer.

Ms. Reprogle shared the format of the 90-minute session includes education, processing time and experiential content. She shared that she feels this may not be enough time as she does not want to rush the experiential content. Ms. Reprogle recommended considering extending future groups to two hours in length and asked Ms. Black for feedback on her experience. Ms. Black shared she feels Ms. Reprogle makes good use of the 90-minutes in introducing the content. Ms. Black stated there is a lot to process during this time and she felt it would be beneficial for members to practice the concepts and tools on their own versus extending the length of time of the session. Ms. Black felt participants would agree with this.

The final three weeks will consist of Trust-Based Relational Intervention (TBIR) content to be provided by a TBIR trained facilitator. Ms. Terrilyn Miller asked for clarification of the depth of the content due to the need of a trained facilitator. Ms. Reprogle shared that she has been using excerpts from the Karyn Purvis Institute of Child Development and large portions of the upcoming content is proprietary. Ms. Reprogle noted that she has kept files of her edited documents for future use by other facilitators.

Ms. Ann Carver provided an update stating she conducted interviews with at least five completed and a goal to complete one more by the end of the week. Ms. Carver shared that in completing the interviews she has noticed how diverse this group is and doesn't feel that the cultural and decision-making nuances of the members of the group are getting captured. She stated she is considering using the post-test to capture these nuances.

Ms. Reprogle discussed the recruitment of participants and the need to find leaders in church or community settings to champion the ACEs support groups going forward. She also proposed a future topic to discuss providing a group in a remote format, Ms. Carver responded stating she is unsure the virtual format would work for this type of group. Ms. Miller suggested if there was a remote group, there could be a comparison to determine impact and diversity of membership.

Ms. Carver asked for clarification if there is an archive of presentation materials from each week. Ms. Reprogle clarified that she does have her edited documents but is not authorized

to distribute TBRI material. She also stated that she modifies content during the sessions to be conscious of flow. There were items that she felt would fold in well (ex. Dr. Nadine Burke-Harris' 8 things to help heal ACEs), but didn't. Ms. Stanton explained handouts for Dr. Harris' Center for Youth Wellness are available for use and were written to be used in this type of setting. Ms. Stanton will email these documents to Ms. Miller to forward on to the subcommittee members.

Ms. Reprogle gave praise to Ms. Miller and the rest of the subcommittee for their momentum and consistency in the development and activities of this group.

When discussing future topics, Ms. Reprogle suggested to pull Katie O'Dell back in to discussions as she has statewide connections with TBRI facilitators. Ms. Reprogle also wants to consider the idea of co-facilitators for groups. Ms. Carver would like to explore the idea of having champions in different regions. Ms. Stuart shared that Tucson has started a trauma informed group. A discussion was had on who to invite to the August 20, 2019 meeting to share their support group experiences. Brenda Cochran was suggested by Ms. Reprogle.

## **5. NEXT MEETING AGENDA ITEMS**

ACEs Support Group wrap-up and next steps

## **6. FUTURE MEETING DATES**

- a. July 16, 2019
- b. August 20, 2019

## **7. ADJOURN**

Ms. Stuart requested a motion to adjourn the meeting. Ms. Reprogle moved to adjourn. Motion seconded by Ms. Carver. Meeting adjourned at 11:23 AM with no dissenting votes.